



National Rowing Championships

Selection Policy with regard to Rowing Experience required for the various National level Competitions

National Championships	Rowing Experience required
Sub-Junior level	A minimum of 6 months of rowing experience in any of the recognized centers.
Junior level	Should have represented at the Sub-junior level at a National Rowing Championship OR Should have a minimum of 10 months rowing experience in any of the recognized centers
Senior/Open level	Should have represented at the Junior level at a National Rowing Championship OR Should have a minimum of 14 months rowing experience in any of the recognized centers.

Note:

1. The above is based on the guidelines that TARA has been following for the last couple of years.
2. The policy is framed taking into account not only the minimum standards required but also the safety angle.
3. This does not preclude other requirements such as swimming skills, age criteria or any other requirement that may be introduced from time to time.
4. In addition to experience, TARA may require timing parameters to be fulfilled.
5. Crews that don't fulfill the above criteria may also be permitted to enter selection races/trials solely to give them racing experience. This will be at the sole discretion of TARA.

For Tamilnadu Amateur Rowing Association
Honorary Secretary

21 Feb 2012