

31st JUNIOR NATIONAL ROWING CHAMPIONSHIPS

01 - 06 December 2010 - Hyderabad

| Event | GOLD | SILVER | BRONZE |
|---------------------------------|--|--|--|
| JUNIOR MEN - 1000 mtrs | | | |
| JM1x | MAHARASHTRA | ANDHRA PRADESH | WEST BENGAL |
| | Tejesh Shinde (4:08.60) | Prasanth P Nair (4:14.60) | Kapil Pincha (4:21.00) |
| JM2- | MAHARASHTRA | UTTARKHAND | CHANDIGARH |
| | Yasin Khan, Gurpreet Singh (4:09.38) | Jasbir Singh, Maneesh Yadav (4:15.80) | Sarabjeet Singh, Gurkanwal Singh (4:23.80) |
| JM2x | MAHARASHTRA | ORISSA | MADHYA PRADESH |
| | Shiv Singh, Sri Ganesh Shingade (4:06.16) | Ashit Kujur, Rakesh Singh (4:08.95) | Vikas Manjhi, Rana Pratap (4:11.37) |
| JM4 - | MAHARASHTRA | CHANDIGARH | UTTARKHAND |
| | Sumer Singh, Palendra Singh, Jaydeep Singh, Munesh Kumar (3:35.30) | Sarabjeet Singh, Gurkanwal Singh, Hardeep Singh, Kuldeep Singh (3:39.80) | Amit Kumar, Jagbir Singh, Jasbir Singh, Maneesh Yadav (3:40.40) |
| JUNIOR WOMEN - 1000 mtrs | | | |
| JW1x | MANIPUR | MADHYA PRADESH | KERALA |
| | Ch. Priya Devi | Monalisa Chanu | Thara Kurian |
| JW2- | KERALA | ORISSA | TAMILNADU |
| | Honey C Joseph, M T Nimmy (4:38.80) | S. Oliviya Devi, Alma Lakara (4:47.27) | P. Sankavi, Aditi Subramaniam (4:59.80) |
| JW2x | MADHYA PRADESH | KERALA | ORISSA |
| | Pooja Raikwar, Kh. Monalisa Chanu (4:36.33) | Jincymol Mathew, A.Aswany (4:44.24) | N. Monica Devi, M. Amusana Devi (4:46.46) |
| JW4 - | ORISSA | MAHARASHTRA | KERALA |
| | Sanjukta Dung Dung, S. Oliviya Devi, Pramila Prava Minz, Alma Lakara (4:22.40) | Vaishali Tambe, Shubangi Jagzap, Puja Jadhav, Rupali Tambe (4:46.40) | Nithya Joseph, Reena Mol Chacko, Chippy Kurian, Anjali Raj (4:59.70) |